

## Spelling list: healthy lifestyle 11

obesity	<b>Obesity</b> in children is a growing problem.
obese	It is estimated that up to 75 percent of the population will be <b>obese</b> in the future.
affect	The government cuts will <b>affect</b> everyone.
lack	Obesity can lead to a <b>lack</b> of mobility.
rarely	It <b>rarely</b> rains in the desert.
inappropriate	<b>Inappropriate</b> diet is a common cause of obesity.
influenced	Children are <b>influenced</b> by advertising.
exposed	Children are often <b>exposed</b> to advertising for unhealthy foods.
advertising	The government should ban <b>advertising</b> for foods which are high in fat and sugar.
suffer	Many people who are obese <b>suffer</b> from diabetes.
diabetes	<b>Diabetes</b> can be a life-threatening condition if left untreated.
educate	The government should <b>educate</b> parents about healthy lifestyles.
provide	A hotel provides accommodation.
lifestyle	Our choice of <b>lifestyle</b> can affect our health.
reduce	We need to <b>reduce</b> the amount of people who are obese.
exercise	Physical <b>exercise</b> is good for your health.
ban	The government should <b>ban</b> high fat snacks.
ensure	I had to <b>ensure</b> my work was completed.

snack

She eats a small **snack** at 11 o'clock.