## Spelling list: 03 Food

breakfast The meal you eat in the morning is your **breakfast**.

lunch The meal you eat in the afternoon is your **lunch** .

dinner The meal you eat in the evening is your **dinner**.

fruit Apples, bananas, melon and grapes are all fruit.

vegetable Carrots, peas and beans are vegetables.

meat Chicken, beef, lamb and pork are all **meat**.

chicken and rice or **chicken** and chips are popular meals to eat.

rice Indian food is often made with **rice** and spices.

chips A popular meal in the UK is fish and **chips** .

kitchen In your house, you cook in the **kitchen**.

eat A verb meaning to put food in your mouth is to **eat** .

drink A verb meaning to put water, juice or alcohol in your mouth is to **drink**.

restaurant If you don't want to cook, you can go to a **restaurant** to eat.

juice You can drink apple **juice**, orange **juice** and pineapple **juice**.

coke A brown, fizzy drink is called **coke** .

A popular dish in Italy is **pasta**. You can have bolognese, carbonara or

lasagne.

A popular dish in Italy is **pizza** . A cheese and tomato meal with any pizza

toppings you like.

coffee A hot drink that gives you energy is **coffee**.

pasta

lamb Meat from a baby sheep is **lamb**.