

Spelling list: 03 Food

breakfast	The meal you eat in the morning is your breakfast .
lunch	The meal you eat in the afternoon is your lunch .
dinner	The meal you eat in the evening is your dinner .
fruit	Apples, bananas, melon and grapes are all fruit .
vegetable	Carrots, peas and beans are vegetables.
meat	Chicken, beef, lamb and pork are all meat .
chicken	Chicken and rice or chicken and chips are popular meals to eat.
rice	Indian food is often made with rice and spices.
chips	A popular meal in the UK is fish and chips .
kitchen	In your house, you cook in the kitchen .
eat	A verb meaning to put food in your mouth is to eat .
drink	A verb meaning to put water, juice or alcohol in your mouth is to drink .
restaurant	If you don't want to cook, you can go to a restaurant to eat.
juice	You can drink apple juice , orange juice and pineapple juice .
coke	A brown, fizzy drink is called coke .
pasta	A popular dish in Italy is pasta . You can have bolognese, carbonara or lasagne.
pizza	A popular dish in Italy is pizza . A cheese and tomato meal with any toppings you like.
coffee	A hot drink that gives you energy is coffee .

lamb

Meat from a baby sheep is **lamb** .