Spelling list: training I1

participate She didn't want or **participate** in the sports lesson.

assignment The teacher set her class a homework **assignment** .

assess A test will **assess** how well you are doing.

develop Learning new things helps you to **develop** your knowledge.

knowledgeable The expert is very knowledgeable.

improvement I saw a noticeable **improvement** in the Year 6 spelling scores.

valuable You have been a **valuable** asset to the company.

achieve He wanted to **achieve** good grades in school.

enrol You must **enrol** on the course before it starts.

session My mum goes for a gym **session** .

Those who quit before finishing never get the satisfaction of accomplishing

a difficult task.

necessary ls it **necessary** to learn to spell properly?

essential It is **essential** to have food and water.

thorough This room needs a **thorough** clean.

intend I **intend** to find a job next year.

instruct My sisters will **instruct** you on how to behave today.

beneficial Exercise is **beneficial** to your health.

enable This course will **enable** me to improve my English skills.

practical Wearing high heels in the mountains is not very **practical**.

satisfaction

career This course will enable me to build my career.