

## Spelling list: Glas year 7 blue

mental health

health            Fruit juice is good for your **health** .

mental            Psychiatry is the study and treatment of **mental** illness.

care                Would you **care** to look through our holiday brochure.

discuss            I want to **discuss** the issue.

stigma             Mental health issues have a **stigma** .

stress              Students can feel **stress** at exam time.

illness             She has a terminal **illness** .

angry              It's plain to see you are **angry** .

nervous            If someone is edgy, they are **nervous** .

wellbeing         Her **wellbeing** was paramount.