

Spelling list: skeleton & muscles

brain	Organ inside your skull which controls the body.
cardiac	Relates to the heart.
muscle	Tissue which can contract to make movement.
ligaments	Tough cords of tissue which hold joints together.
mass	The amount of 'stuff' in an object.
mineral	Elements or compounds found in rocks.
nerves	Carry information to and from the brain.
radial	'move out from the centre' (like spokes on a bike).
vessels	Tubes that carry blood all around the body.
calcium	Calcium is needed for strong bones and teeth.
chemicals	Substances made up of chemical elements.
lubricated	Free to move easily.
material	What a substance is made from.
osteoporosis	A disease caused by lack of calcium in the bones.
skull	The bones which make up the head, protecting the brain.
synovial	Synovial fluid lubricates joints between the bones.
stapes	(STAPE-EEZ) one of 3 tiny bones of the inner ear.
tendon	Strong tissue which connects muscles to bones.