

Spelling list: Glas year 8 blue wk 1 term 5

mental health

health Fruit juice is good for your **health** .

mental Psychiatry is the study and treatment of **mental** illness.

care Would you **care** to look through our holiday brochure.

discuss I want to **discuss** the issue.

stigma Mental health issues have a **stigma** .

stress Students can feel **stress** at exam time.

illness She has a terminal **illness** .

angry It's plain to see you are **angry** .

nervous If someone is edgy, they are **nervous** .

suffer If you don't like small spaces, you **suffer** from claustrophobia.