

Spelling list: K Russell Spelling list

First 100 high frequency words

look	His look was fixed on her eyes.
him	I can't believe she has married him .
time	In my leisure time I enjoy swimming.
put	You should put a coat on before you go out.
could	He went to hospital so they could mend his wound.
day	It was a misty day so the town was in gloom.
help	Help me get rid of these flies.
dad	I sent Dad a birthday card.
for	I had pasta and tomato sauce for supper.
big	She gave him a big hug.