Spelling list: Spelling week beginning 7th March

heal My arm took a long time to **heal**.

heel The **heel** is the back part of the foot.

plane We will travel by **plane**.

plain The chocolate cake is nicer than the **plain** cake.

grown I have **grown** tomatoes for ten years.

groan She keeps moaning and groaning.

there Don't put it here, put it over **there**.

their Their means 'belonging to them.'.