Spelling list: The long /oo/ sound

The letters oo are used to spell two slightly different sounds. These words have the long oo sound as in boot.

food  Fish is a healthy food.
mood  I could see from his smile that he was in a good mood.
roof  The mosque has a dome on the roof.
proof I have absolute proof that he did it.
cool  It was a spring morning and the air was cool.
tool  Please pass me my tool box.
boom  The big drum made a loud boom.
gloom  He peered into the gloom.
spoon  The spoon was silver.
soon  She will arrive soon.
scoop  Would you like a scoop of ice cream?
hoot  I heard the hoot of an owl.
moor  They had a lovely walk on the moor.
poor  The film received poor reviews.