

## Spelling list: Dental and Personal hygiene words.

High frequency words used in dental and personal hygiene PD work.

floss	<b>Floss</b> is used to clean between your teeth.
flossing	<b>Flossing</b> daily helps to keep teeth healthy.
toothbrush	You use a toothbrush to remove plaque from your teeth.
tooth	My <b>tooth</b> hurt when the dentist poked it.
teeth	Too much sugar is bad for your <b>teeth</b> .
sweat	Jogging fast can make you <b>sweat</b> .
deodorant	<b>Deodorant</b> keeps you smelling fresh!
soap	I use <b>soap</b> to clean my hands.
shampoo	Remember to wash your hair with <b>shampoo</b> .
conditioner	Makes my hair soft.
washing	You must stay clean by <b>washing</b> daily.
decay	Brush your teeth every day to prevent <b>decay</b> .
dentist	He had his teeth whitened at the <b>dentist</b> .
dental	
nurse	Jane is training to be a <b>nurse</b> .
hygiene	Good <b>hygiene</b> keeps germs away.
sweet	Eating a lot of sweets makes your teeth decay and fall out.
sugar	Too much <b>sugar</b> is bad for your teeth.
brushing	<b>Brushing</b> teeth twice daily is very important.